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The New Jewish Home opens 23,000 s/f facility at Simone's 1200 Waters Place



Shown (from left) are: The New Jewish Home's Jeffrey Farber, M.D., president and CEO, Jacob Victory, COO, Elliot Hagler, CFO, and Michael Luskin, chairman of the board of directors; Joseph Kelleher, president of Simone; council member Mark Gjonaj; Michael Lewis, project executive at MCG Construction; Michael Borrero, VP at Simone.

Bronx, NY New Yorkers now have access to a new adult day health care facility offering medical, social, and therapeutic services for people with chronic health conditions. A program of The New Jewish Home, the facility is located on the first floor of Simone Development's Hutchinson Metro Center at 1200 Waters Place. The builder for the \$5 million project was MCG Construction. Geddis Architects was the architect.

Set in 23,000 s/f of newly-renovated and designed space, the program offers:

• Four themed dining areas – the salon, pub, garden and patio – which provide nutritious meals and snacks.

• Private suites with professional rehabilitation equipment, including a recumbent cross trainer, treadmill and leg extension machine.

- Individual areas for massage, electrotherapy and ultrasound treatment.
- A library with hundreds of books, periodicals and magazines.
- Calming garden room for reflection and meditation.
- Welcoming lounge with a fireplace.
- Six recreational areas, including an arts and crafts room.

Participants can also enjoy a wide range of classes, including art, music, gardening and photography, as well as access to a high-tech media center and computer lab.

The New Jewish Home is one of the nation's largest and most diversified nonprofit older adult health care systems, providing rehabilitation, skilled nursing and health care programs, which serves 12,000 older adults of all faiths and ethnicities annually.

The Adult Day Health Care Program provides a diverse array of physical and <u>mental health</u> services for adults who live with chronic health conditions including, for example, heart disease, <u>diabetes</u>, behavioral health problems, and Alzheimer's and <u>dementia</u>, as well as for the very frail, the cognitively impaired and those who need rehabilitation.

Among the available services are: physical, occupational and speech therapy; a behavioral health program; diabetes management; medication management; health monitoring; skilled nursing care; nutritional counseling; and social work services. A special night care program provides a safe place for people with Alzheimer's disease and other dementias, giving family members and caregivers much-needed respite and relief.

The services are provided by a supportive, nurturing and highly-skilled staff comprising a medical doctor, nurses, a certified psychiatric nurse, speech, occupational and physical therapists, a nutritionist, an alcohol and substance abuse counselor, and social workers.

Jeffrey Farber, M.D., President and CEO of The New Jewish Home, said, "For more than a century, The New Jewish Home has been providing older New Yorkers with high quality and compassionate health care. With the opening of our new state-of-the-art Adult Day <u>Health Care</u> Program, we are bringing critically-needed support services and high-quality person-directed care to the community – all in a beautiful, safe and caring environment."

"We are extremely happy to have worked with The New Jewish Home on the opening of their Adult Day Health Care Program. It's a state-of-the-art new facility helping older New Yorkers. It's also an example of the Hutch Metro Center's being the destination of choice for major service providers in the Bronx, offering convenient access to Manhattan, Queens, Long Island and Westchester," said James MacDonald, VP of leasing at Simone Metro Properties.